

# Minority**Health** EVENTS

JANUARY - MARCH, 2008

A Quarterly Publication of the Alabama Department of Public Health



*Improving minority health improves Alabama's health*

# Calendar of Events



## JANUARY EVENTS

### Hispanic Interest Coalition of Alabama (HICA)

The NCLR President & CEO Janet Murguia to speak at the MLK Unity Breakfast in Birmingham, AL, on January 21, 2008 from 7:30-9:00 AM at the BJCC. Tickets are \$20 and are available by calling HICA at (205) 942-5505, or visit the website at [www.hispanicinterest.org](http://www.hispanicinterest.org) for more information.

### Satellite Conference and Live Webcast

The Department of Medicine, University of Alabama at Birmingham in partnership with the Alabama Department of Public Health, will be webcasting "A Guide to Working with Recent Latino Immigrant Clients: A Program for Latinas, on Thursday, January 24, 2008, 1:00-2:30 PM (Central Time). The purpose of this broadcast is

to present health care providers at all levels of the health care system with information about how to best provide culturally competent healthcare as it relates to their Latino patients, particularly recent Latino immigrants. Register at [www.adph.org/alphtn](http://www.adph.org/alphtn). To view the webcast, you will need RealPlayer. If you have questions about any of these conference details, call (334) 206-5618 or email: [alphtn@adph.state.al.us](mailto:alphtn@adph.state.al.us).

### Continuing Education Seminars

The MED2000, Inc. is a proud corporate sponsor for continuing education seminars that will focus on Fat Cells & Disease on the following days:

- **Mobile, AL:** Wed., Jan. 30, 2008  
Mobile Convention Ctr -  
One South Water St
- **Birmingham, AL:** Thurs.,  
Jan. 31, 2008 - Sheraton Hotel -  
2101 Richard Arrington Jr Blvd N

A Quarterly Publication  
of the Alabama Department  
of Public Health's Office of  
Minority Health

*"Cheerfulness is the best  
promoter of health and is  
as friendly to the mind as  
to the body"*

Joseph Addison

For registration information call toll-free at: 1-800-577-5703, or view the website at [www.med2000.com](http://www.med2000.com).

## FEBRUARY EVENTS

### February—The Heart Truth/ Why a Red Dress?

*The Heart Truth*, the national awareness campaign for women's heart health, sponsored by the National Heart, Lung and Blood Institute, is part of the National Institutes of Health. This special event will focus on heart disease in African American women. To sound alarm, The Heart Truth pairs this message with an arresting visual that captures women's attention—a Red Dress. The Red Dress is a Red Alert, and is the national symbol for women and heart disease awareness. The symbol, introduced by the National Heart, Lung, and Blood Institute as the centerpiece of *The Heart Truth* campaign, serves as a red alert for women. Heart disease

doesn't care what you wear—it's the #1 killer of women. Visit [www.hearttruth.gov](http://www.hearttruth.gov) to learn more about *The Heart Truth*, or your local county health department.

## Continuing Education Seminars

The MED2000, Inc. is a proud corporate sponsor for continuing education seminars that will focus on Fat Cells & Disease on the following day:

- **Montgomery, AL:** Fri., Feb. 1, 2008 - Lexington Hotel - 1185 Eastern Blvd

For registration information call toll-free at: 1-800-577-5703, or view the website at [www.med200.com](http://www.med200.com).



## AL Go Red For Women

The ADPH Office of Women's Health, Cardiovascular Program and Office of Minority Health are partnering with the American Heart Association/American Stroke Association for "Go Red" on Thursday, February 7, 2008, at the Archives and History Building, from 10:00 AM - 2:00 PM, Montgomery, Alabama, for National Go Red Day.

Go Red For Women is a nationwide movement that celebrates the energy, passion and power we have to band together and wipe out heart disease. Go Red For Women empowers women with knowledge and tools so they can take positive action to reduce their risks of heart disease and stroke and protect their health. For more information go to website at [www.GoRedForWomen.org](http://www.GoRedForWomen.org).

## Little Red Dress Tea Party & Sipsosium "Symposium"—Celebrating with Heart & Style!

Sisterbration would like to invite you to their 3<sup>rd</sup> Annual celebration "Heart Disease Doesn't Care What You Wear—It's the #1 Killer of Women." This event will be held on February 9, 2008, 1:00 PM-4:00 PM, at the Harbert Center in Birmingham, AL. All women, especially health educators, health care providers, faith-based leaders, sororities, book clubs, and other women's health advocates are invited join us for a healthy dose of education and entertainment. For more information visit the website at <http://www.sisterbration.com>.

## 2008 Strategic National Stockpile Pandemic Influenza Preparedness-Mobile

The Office of Professional and Support Services will host training on February 17, 2008, at the Mobile Arthur R. Outlaw Convention Center, One South Water Street, Mobile, Alabama, from 12:30-5:30 PM. The program will train you to respond to an event that results in the deployment of the Strategic National Stockpile (SNS). Registration is from 11:30-12:30 PM. The registration deadline is February 8, 2008. For more information contact Pamela Williams at (334) 206-7982.

## MARCH EVENTS

### 2008 PAOF

The 15<sup>th</sup> annual Physician's Alabama Opportunity Fair will be held at the Perdido Beach Resort in Orange Beach, Alabama on Saturday, March 1, 2008. PAOF is sponsored by 12 health care organizations interested in helping rural Alabama communities facilitate excellent health care. Registration can be made online at [www.paof.info](http://www.paof.info). If you are interested in attending PAOF, please RSVP by January 18, 2008. For questions contact Ellen Stone at 1-800-239-6272 or email her at [estone@adph.state.al.us](mailto:estone@adph.state.al.us).

### ALDA Meeting

The Alabama Dietetic Association meeting will be held on March 12-14, 2008, at the Birmingham Jefferson Civic Center, in Birmingham, Alabama. The meeting will consist of workshops, presentations, and sessions on topics that range from "Taking Control of Your Future" to the "Top 10 Power Foods to Nutrition Challenges in Cancer Treatment to Sustainable Foods" and "Career Alternatives in the Food Service Industry." For more information contact Wendy Perry at her email [Wendy@gmsal.com](mailto:Wendy@gmsal.com).

### The National Kidney Foundation's Renal Professionals Forum Conference

Date: Thursday, March 20, 2008  
Location: The Wynfrey Hotel at Riverchase Galleria in Birmingham, Alabama. This will be an opportunity to educate and network with renal professionals from across the state. For more information, please contact Sandra Kelley at (888) 533-1981; (334) 396-9870; or [sandrak@nkfalabama.org](mailto:sandrak@nkfalabama.org).

# *National Conferences 2007*

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## **Contract Management for Program Managers and Project Officers**

Contracting for Program Managers is a workshop that is designed to guide Program Managers and non-Contracting personnel through the steps involved with Government Contracting. This workshop will be held January 9-10, 2008, at the Adam's Mark Hotel, in Denver, CO. During the workshop, you will briefly review the phases of an acquisition beginning at Marketing through Contract Closeout. For registration information go online at [www.governmenthorizons.org](http://www.governmenthorizons.org). If you have questions about registration/payment, please call Katie Smith at (703) 807-2758.

## **Professional Grant Proposal Writing Workshop**

The Grant Institute's Grants 101: Professional Grant Proposal Writing Workshop will be held at the Lawlor Events Center at the Florida A & M University, University Teleconference Center, in Tallahassee, Florida, January 16-18, 2008, from 8:00 AM-5:00 PM. Interested development professionals, researchers, faculty, and graduate students should register as soon as possible, as demand means that seats will fill up quickly. All participants will receive certification in professional grant writing from the Institute. For more information call (888) 824-4424 or visit The Grant Institute at [www.thegrantinstitute.com](http://www.thegrantinstitute.com).

## **Health Action 2008**

The Minority Health Initiative at Families USA is hosting an annual Health Action 2008 conference taking place in Washington, DC from January 24-26, 2008, at the Renaissance

Mayflower Hotel. Families USA will offer a track that will focus on health equity and minority health issues. Come learn about activities at the national, state, and local level to eliminate racial and ethnic health disparities; meet advocates from around the country engaged in this work; and reconnect with colleagues in the field. For more information on Health Action 2008 or to sign up for the latest conference updates, visit the website at: <http://www.familiesusa.org/conference/health-action-2008>. For more information on the minority health track or to inquire about scholarships to attend the conference, contact Rea Panares at (202) 628-3030 or [minorityhealth@familiesusa.org](mailto:minorityhealth@familiesusa.org).

## **National Health Policy Conference**

The Academy Health would like for you to join the debate on February 4-5, 2008, at the Capital Hilton, in Washington, DC. Come join the leading experts from academia, the health care industry, the administration, and all levels of government as they address solutions to major health policy questions. For more information visit: [www.academyhealth.org/nhpc](http://www.academyhealth.org/nhpc).

## **8<sup>th</sup> Annual Conference for Young Women Affected by Breast Cancer**

Join Living Beyond Breast Cancer and the Young Survival Coalition, from February 22-24, 2008, at the Hyatt Regency Jacksonville Riverfront in Jacksonville, Florida, for the only international educational conference dedicated to the critical issues of young women affected by breast cancer. Come learn what's in the pipeline in scientific research and

clinical care, empower yourself to make informed choices and gather the resources you need to help you navigate your breast cancer journey. Visit: [youngsurvivorsconference.org](http://youngsurvivorsconference.org) on conference speakers, workshop topics, registration and scholarships. Call (610) 645-4567 for more information.

## **Best Practices Training**

The Government Horizons Best Practices Training Series for Government Contractors will be having several workshops that are recommended for 16 Continuous Learning Points (CLPs) toward DAWIA/FAC-C requirements. Visit the web site at [www.GovernmentHorizons.org](http://www.GovernmentHorizons.org) for additional training courses that include:

- **Capital Planning & Investment Control Manager's Boot Camp**  
February 5-6, 2008, Arlington, VA
- **GAO's Principles of Federal Appropriations Law Workshop**  
February 13-15, 2008, Arlington, VA
- **Advanced Negotiation Skills for Acquisition Professionals**  
February 25-27, 2008, Arlington, VA
- **Introduction to FAR-Federal Acquisition Regulations Overview**  
February 25-27, 2008, Denver, CO
- **Incentive and Award Fee Workshop**  
March 10-11, 2008, Denver, CO
- **Performance Based Contracting - A Three-Day Workshop**  
March 10-12, 2008, Arlington, VA
- **Performance Work Statements Workshop**  
March 13-14, 2008, Arlington, VA

## **2008 National Policy Forum-AHIP**

The America's Health Insurance Plan 2008 National Policy Forum will be held on March 4-6, 2008, Ritz-Carlton Washington, in Washington, D.C. The

# Announcements

## Hispanic Interest Coalition of Alabama, (HICA)

A social service organization that seeks to improve the quality of life for Latinos in Alabama, provides access to a Statewide Spanish Language Hotline. In October, the first Spanish language hotline for victims of crime was launched in Alabama. Made possible by a grant from the Alabama Department of Economic and Community Affairs (ADECA), the hotline will provide a way for Spanish speaking victims of crime, specifically domestic violence, sexual assault and rape to get help from a Spanish speaking victim's advocate at: 1-877-298-3220. While the hotline is not intended to replace the "911" services for the immigrant community, it will certainly bridge the cultural and linguistic gap that prevents victims from getting help during a crisis situation. Visit the website at: <http://www.hispanicinterest.org/>.

## Southern Growth Seeks Student Applicants for Southern Research Fellows Program

Southern Growth Policies Board seeks student applicants for its Southern Research Fellows Program. The Southern Research Fellows Program promotes student research relating to economic development and quality of life in 13 Southern states: Alabama, Arkansas, Georgia, Kentucky, Louisiana, Mississippi, Missouri, North Carolina, Oklahoma, South Carolina, Tennessee, Virginia and West Virginia. Eligible applicants include current undergraduate and graduate students aged 18 - 25 at colleges and universities in the 13 Southern Growth member states. The focus of the 2008

Southern Research Fellows Program is the engagement, development and leadership of youth aged 14 to 24. Relevant report topics for 2008 include youth development, civic engagement and strategies for building policies and partnerships that foster youth leadership skills, workforce preparedness, volunteerism, entrepreneurship and the traits to become active, responsible citizens. The application deadline is January 11, 2008, with selections announced by February 1, 2008. The fellows' final report to Southern Growth Policies Board will be due March 31, 2008. To learn more about the Southern Research Fellows Program, and to download application forms, please visit [www.southern.org/research/fellowship.shtml](http://www.southern.org/research/fellowship.shtml). To learn more about Southern Growth, visit <http://www.southern.org>.

## FUNDING OPPORTUNITIES

### EMERGENCY COMMUNITY WATER ASSISTANCE GRANTS USDA

**Program Description:** Funds (all grant) are to assist applicants in obtaining water that meets standards set by the Safe Drinking Water Act where there has been a significant decline in quantity or quality within two years of application. There also must be a Presidential emergency designation.



**Eligibility Requirements:** Applicants are public bodies (city, township, county, or special district), an Indian tribe, or a non-profit corporation. Service area must be under 10,000 in population. Applicant must be unable to borrow money elsewhere at rates and terms to make the project affordable. Funding is limited to applicants with median household incomes at or less than \$27,496 (per 1990 Federal Census).

**Maximum Amounts:** Construction and/or replacement maximum is \$500,000. The maximum for repairs is \$75,000.

**Contact:** Applications are made at USDA Area Rural Development offices. Steve Pelham is the Alabama State Director at (334) 279-3400 or 334-279-3441.

## DEPARTMENT OF AGRICULTURE

### Food and Nutrition Service

The Food and Nutrition Service (FNS) has released a request for applications for Food Stamp Outreach Program grants, in which faith-based and other qualified applicants are encouraged to

## National Conferences 2007

(cont'd from page 4)

forum will address pivotal issues with lively discussions and analyses of key public policy decisions and proposals that will shape the U.S. health care system for years to come. Register for the 2008 National Policy Forum before Friday, January 25, 2008 and save on your registration fee. For more information or to register, please visit the conference website <http://www.ahip.org/links/policy2008/index.htm>, or call 1-877-291-2247.

## Funding Opportunities

(cont'd from page 5)

apply. The purpose of these grants is to implement and study effective strategies to inform and educate potentially eligible low-income people not currently participating in the Food Stamp Program (FSP) about the nutrition benefits of the FSP, eligibility rules, and how to apply. FNS is interested in obtaining innovative approaches from new partners in its effort to reach non-participating seniors and Hispanics. For this reason, FNS excludes entities that received FSP grants previously, since they already participate in FNS outreach efforts. Selected grantees may be asked to certify, as part of the grant agreement, that the organization has not previously received an Outreach or Participation Grant from FNS. At least \$1 million is available in FY 2008 for grant awards under this program, contingent upon availability. The maximum grant award amount is \$75,000. All applicants are required to provide a letter of acknowledgement from the state or local food stamp offices. The full application must be submitted by February 19, 2008. Please view the full announcement for complete information regarding this announcement at <http://www.fns.usda.gov/fsp/outreach/grants/2008/default.htm>

# Health News and Views

## THE INFORMATION CORNER



### FDA Approves Zyrtec for Nonprescription Use in Adults and Children

The U.S. Food and Drug Administration has approved tablet, chewable tablet, and syrup formulations of Zyrtec (cetirizine HCl) for nonprescription use. The nonprescription drug is approved for the temporary relief of symptoms due to hay fever or other respiratory allergies (sneezing; running nose; itchy, watery eyes; itchy throat or nose) in adults and children two years of age and older. The nonprescription Zyrtec products also are approved for the relief of itching due to hives in people six years of age and older. The company will market two distinct Zyrtec products for each dosage form. One will provide directions for treating the symptoms of hay fever and other respiratory allergies. The other will contain directions for use to relieve the itching due to hives. Sales of the Zyrtec-D are subject to restrictions in the Combat

Methamphetamine Epidemic Act, due to its pseudoephedrine content. Zyrtec is marketed and distributed by McNeil Consumer Healthcare. <http://www.fda.gov/bbs/topics/NEWS/2007/NEW01750.html>.



### BPSOS Organizes Vietnamese Communities for Disasters

BOAT PEOPLE SOS from Bayou La Batre and Biloxi will be participating in CERT training. In early 2006 BPSOS opened offices in Biloxi, MS; Bayou La Batre, AL and New Orleans, LA, in addition to expanding their staff in Houston and Atlanta to better serve hurricane evacuees. Almost 4,000 families have been provided with case management. In Bayou La Batre, BPSOS collaborates with the Mobile County Emergency Management Agency and Mobile Community Action to prepare the local Asian communities for future disasters. For more information contact Minh Le at (251) 824-7004 or email at [Minh.le@bpsos.org](mailto:Minh.le@bpsos.org).

# National**Health** *Observances 2008*

## **JANUARY**

- ❖ Cervical Health Month
- ❖ Healthy Weight Week
- ❖ National Birth Defects Prevention Month
- ❖ National Eye Care Month
- ❖ National Glaucoma Awareness Month
- ❖ National Volunteer Blood Donor Month
- ❖ Thyroid Disease Awareness Month

## **FEBRUARY**

- ❖ American Heart Month
- ❖ Black History Month
- ❖ Children's Dental Health Month
- ❖ Child Passenger Safety Awareness Week
- ❖ Low Vision Awareness Month
- ❖ National Burn Awareness Week
- ❖ National Eating Disorders Awareness Week
- ❖ Girls and Women in Sports Day
- ❖ Wise Health Consumer Month
- ❖ Cardiac Rehabilitation Week

## **MARCH**

- ❖ American Diabetes Alert Day
- ❖ Drug and Alcohol Awareness Month
- ❖ Inhalants and Poison Awareness Week
- ❖ Mental Retardation Awareness Month
- ❖ National Colorectal Awareness Month
- ❖ National Chronic Fatigue Syndrome Awareness Month
- ❖ National Eye Donor Month
- ❖ National Nutrition Month
- ❖ National Kidney Month
- ❖ National Sleep Awareness Week
- ❖ Hemophilia Awareness Month
- ❖ Save Your Vision Month



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*To have events included in the  
April - June 2008 calendar,  
mail the information by February 1, 2007 to:*

**Office of Minority Health**  
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P.O. Box 303017  
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334-206-5396

*The times, dates, and places of Minority Health Events  
mentioned herein are subject to change after printing deadline.  
We recommend that you call ahead to verify events.*